

Items Requested for the HCLC Blessing Box

Note: If possible, please donate items that have pop-top lids as opposed to cans that require can openers. Please do not donate anything that is in a glass or breakable container. We are trying to create balanced meals for the people who come to our blessing box, so please keep that in mind as you are shopping! Thank you!

- Canned meats
 - Ham
 - SPAM
 - Chicken
- Canned fish
 - Tuna
 - Salmon
- Canned vegetables
- Fruit (canned or dried)
- Granola bars
- Mini cereal boxes (one serving)
- Peanut butter
- Oatmeal
- Instant mashed potatoes
- Nuts
- Pasta and low-sodium pasta sauce
- Mac n' cheese
- Rice
- Beans (canned and dry)
- Low-sodium soups
- Crackers
- Applesauce
- Powdered milk
- Diapers
- Diaper rash cream
- Baby food
- Formula
- Birthday-In-A-Bag (a throwaway foil baking pan, a cake mix, icing and candles inside)
- Basic toiletries
 - Toothbrushes
 - Hairbrushes
 - Feminine hygiene products
 - Disposable razors
 - Shampoo/conditioner
 - Bottled body wash
 - Deodorant

